

# REMINDING OURSELVES TO SAVE ENERGY

Intended audience: Children aged 3-6

*This activity will begin with the teaching of a song, and be followed by crafts activities that can be modified according to the maturity of the participants.*

## I. A song, to the tune of,

"THE WHEELS OF THE BUS GO ROUND AND ROUND"

Note – optional material needed:

*The words "ON" and "OFF" can be accompanied with:*

- *hand motions – opening and closing the palm of the hand*
- *a flashlight being turned on and off*
- *a table lamp being turned on and off*
- *holding up a picture or drawing of a light bulb that is on, alternated with a bulb that is off.*

*Other words/phrases in the song can also be mimed, such as "sleep", "read a book", "leave room", etc. Additional stanzas can be created.*

*If there are older children in the group, they can be "helpers", turning off the overhead light, turning on the flashlight, holding up the pictures, etc.*

-The lights in the house go **ON** and **OFF**, **ON** and **OFF**, **ON** and **OFF**,  
The lights in the house go **ON** and **OFF**, **We save the lights that way.**

-When it's dark outside, the lights go **ON**, the lights go **ON**, the lights go **ON**,  
When it's dark outside, the lights go **ON**, **We save the lights that way.**

-When we go to sleep, the lights go **OFF**, the lights **OFF**, the lights go **OFF**,  
When we go to sleep, the lights go **OFF**, **We save the lights that way.**

-When we read a book, the lights go **ON**, the lights go **ON**, the lights go **ON**,  
Etc.

-When we leave a room, the lights go **OFF**, the lights go **OFF**, the lights go **OFF**,  
Etc.,

-When it's dark in the room, the lights go **ON**, the lights go **ON**, the lights go **ON**,  
Etc.,

*Final verse:*

-The lights in the house go **ON** and **OFF**, **ON** and **OFF**, **ON** and **OFF**,  
The lights in the house go **ON** and **OFF**, **We save the lights that way.**

## II. Crafts project

A poster board sign with a patterned border/frame, to put on the refrigerator or to hang on the wall near light switches:

### **Materials needed:**

#### **General:**

- drop-cloths or newspapers to work on the table or floor
- small, safe, scissors
- poster board
- glue suitable for paper and glitter
- washable crayons and/or markers, including black (for bulbs that are "off")
- colored pencils, including black
- glitter – gold (and black?)
- small magnets and/or small binder clips
- white, " Full Sheet Size Labels", Avery 8165, if possible, to preclude the need for using glue for the graphics)
- (Optional) Catalogues and magazines with electrical appliances in them

#### **From Canfei Nesharim:**

- Canfei Nesharim stickers and/or magnets on saving energy
- attached pages of graphics (printed out on full sheet size labels)
  - (smiling) electrical plugs
  - incandescent light bulbs
  - CFL bulbs
  - Small electrical appliances

#### Variation #1

- Paste a Canfei Nesharim magnet, or place a Canfei Nesharim sticker, in the middle of a poster board cut to desired size.
- Cut and paste (or cut and stick, if on label sheets) the other images in any pattern around the edges to create a "frame"
- Color with crayons, pencils or markers; Sprinkle glue with glitter for lit bulbs, if desired.
- Use the magnet or another small magnet to place the sign of the refrigerator, or attach a small binder clip on top and hang from a nail.

#### Variation #2

- Cut and paste (or stick the labels) one of the selected slogans from the attached graphics sheets, and surround with desired images; color as desired. Use magnets or binder clips to hang.

#### Variation #3

- Take the sheet with the large light bulb, or cut out an incandescent and a CFL bulb (paste on poster board to give it firmness) and color it in /paste glitter on it.
- Cut out the selected slogan(s) and place under the light bulb(s)

**Make sure not to waste materials, recycle what you can.**